



CERTIFICATION APPLICATION

please mail your application to EQUILIBRIUM MIND-BODY FITNESS 6405 Telegraph, Building G, Bloomfield Medical Village, Bloomfield Hills, Michigan 48301 or fax 248.723.6550 attn CERTIFICATION

CONTACT INFORMATION *please type or print*

name		company name (if applicable)	
address			
city	state/province	zip/postal code	country
phone (day)	(evening)		
fax	e-mail address		

COURSE REGISTRATION

Applications must be accompanied by 2 letters of reference and a \$300US deposit (non-refundable /non-transferable). Space is limited and applications will be processed on a first-come first-serve basis. **Space will ONLY be reserved upon the receipt of your application and deposit.** You have an additional 30 days to submit your two letters of reference and a facial photo. Letters and photo must be received by the first day of class.

COMPREHENSIVE PROGRAM

<input type="checkbox"/> CMR Mat & Reformer – 90 hours + 60 hrs apprenticeship	<input type="checkbox"/> CCCB Cadillac, Chair and Barrels – 50 hours + 40 hrs apprenticeship
<input type="checkbox"/> ISP Injuries & Special Populations – 24 hours	<input type="checkbox"/> AMP, AR, ACCB Advanced Repertoire – 36 hours
<input type="checkbox"/> FULL [CMR, CCCB, ISP, AMP, AR, ACCB] – 10 month program + 100 hrs apprenticeship	

INTENSIVE PROGRAM

<input type="checkbox"/> IMP Mat-Plus – 40 hours	<input type="checkbox"/> AMP Advanced Mat Repertoire – 6 hours
<input type="checkbox"/> IR Reformer – 50 hours	<input type="checkbox"/> AR Advanced Reformer Repertoire – 18 hours
<input type="checkbox"/> ICCB Cadillac, Chair and Barrels – 50 hours	<input type="checkbox"/> ACCB Advanced CC&B Repertoire – 12 hours
<input type="checkbox"/> ISP Injuries & Special Populations – 24 hours	

REHABILITATION PROGRAM

<input type="checkbox"/> RMR1 Lumbar & Shoulder Girdle Stabilization on Mat & Reformer – 24 hours	<input type="checkbox"/> RCCB1 Lumbar & Shoulder Stabilization on Cadillac, Chair & Barrels – 24 hours
<input type="checkbox"/> RMR2 Peripheral Joint Rehabilitation on Mat & Reformer – 24 hours	<input type="checkbox"/> RCCB2 Peripheral Joint Rehabilitation on Cadillac, Chair & Barrels – 24 hours

START DATE(S) REQUESTED see attached fee and course schedule

<input type="checkbox"/> I will submit an order form to Equilibrium for required course materials	<input type="checkbox"/> I will order my course materials from STOTT PILATES, Toronto.
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PAYMENT METHOD

<input type="checkbox"/> deposit only	<input type="checkbox"/> full payment	<input type="checkbox"/> MasterCard	<input type="checkbox"/> VISA	<input type="checkbox"/> AMEX	<input type="checkbox"/> check	<input type="checkbox"/> money order
#	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	exp	<input type="text"/>
signature			name on card			

CANCELLATION POLICY

Deposits are non-refundable and non-transferable. Those unable to attend a course after payment has been received in full, will be permitted to enroll in the NEXT course if there is space, with an additional \$300.00 deposit. Registration and course fees are due in full two weeks prior to course date. If payment is not received, your space may be offered to someone else. Make-up sessions for missed classes are charged at the hourly rate of \$75.00.

please list related degrees, diplomas, post secondary or certificate courses and workshops

outline education in anatomy (courses/workshops taken)

list related certification (eg. ACE, AFAA etc. please specify)

RELEVANT EXPERIENCE

outline your teaching experience

describe your experience in dance, fitness or other body work

outline your experience with the works of Joseph Pilates

PERSONAL INFORMATION

do you have any injuries, conditions (including current or recent pregnancy) or postural issues that may affect your performance during the course?

how did you hear about STOTT PILATES / STOTT EDUCATION?

why are you interested in becoming a certified instructor?

how do you plan to use your certification (how will you be applying your knowledge)?

are you using this course to fulfill continuing education credits? yes no

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